

Yesterday, 3/16/20, Governor Phil Murphy signed an Executive Order calling for *aggressive social distancing measures* stating “Our paramount priority is to ‘flatten the curve’ of new cases, so we do not overwhelm our health care system and overload our health care professionals who are on the frontlines of the response.”

What is *social distancing*?

Social distancing is avoiding close contact with people to avoid the spreading of disease. We do this as a community to slow the spread of COVID-19 so that we do not overwhelm our hospitals and the staff and keep our high-risk population safe. The virus may spread before symptoms are noticed.

How can Moonachie families do their part and practice *social distancing*?

- Avoid gatherings of more than 10 people.
- Maintain 6 feet distance from all other people.
- Do not give hugs or handshakes.
- If you have to be around someone who demonstrates signs of illness (coughing, sneezing or fever), strictly maintain 6 feet distance.
- Continue with proper handwashing, especially when entering your home & before you eat.
- Wash your hands well before spending time with the vulnerable population (elderly, people with medical conditions), to keep them safe.

Let’s all do our part to keep Moonachie safe.

More information can be found at:

<https://hub.jhu.edu/2020/03/13/what-is-social-distancing/>

<https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

Below is the link to President Trump’s recommendations how to slow the spread of COVID-19

https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf